

PARK PRIVATE CLINIC

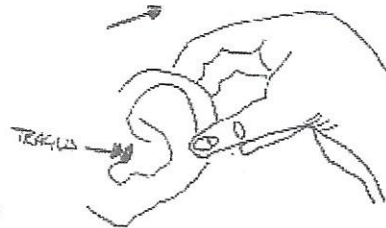
EAR IRRIGATION – CONSENT FORM

Print your name..... Date of birth

Before having your ears irrigated it is necessary to soften the wax with ear drops, preferably olive oil (Buy a 'dropper' bottle of olive oil from your Chemist)

We ask patients to apply drops 1-2 times daily for 7-10 days prior to a consultation for wax removal. You may also use olive oil once every week as a preventative treatment

1. Lie down on your side with the affected ear uppermost
2. Pull the pinna (outer ear) backwards and upwards (see diagram below). Drop 2 or 3 drops of oil, at room temperature, into the ear canal and massage the tragus just in front of the ear
3. Remain lying down for 5 minutes and then wipe away any excess oil. **DO NOT** leave cotton wool at the entrance to the ear



4. Repeat the procedure with the opposite ear if necessary

You should not have your ears irrigated if;

- You have previously experienced complications following this procedure
- You have a history of a middle ear infection in the last six weeks
- You have undergone ANY form of ear surgery (apart from grommets that have extruded at least 18 months)
- You have a perforation or there is a history of discharge in the last year
- You have a cleft palate (repaired or not)
- There is any infection in the ear

Risks

Damage to hearing, perforation of ear drum, trauma to canal, infection

Agreement to treatment

Statement of health professional

I have explained the procedure to the patient.

Signed: Date

Name (PRINT) Job title

Statement of patient

I agree to having my ears syringed and understand the contraindications and risks

I understand that the person performing the procedure is able to do so.

I understand that the procedure will not involve local anaesthesia.

Signature..... Date

(Please bring form to appointment. It will be added to your medical record)